



Be a partner in our  
**8<sup>th</sup> Annual  
Rogue Valley VeteRUN!**

We are a 5K fun run founded with the mission of assisting veterans with mental health services and living resources both locally and nationwide!

We are excited to watch Southern Oregon residents unite to support this wonderful cause!

**To maximize your exposure,**  
sponsorships should be received by  
**August 15<sup>th</sup>.** [roguevalleyveterun.org](http://roguevalleyveterun.org)

**Support a Great Cause  
Be a Sponsor Now!**

Come together and unite  
to show your Support.  
Walk, Run or Volunteer!  
Let's all have a great time  
for a great cause.

For Sponsorship Information, Visit:  
[roguevalleyveterun.org](http://roguevalleyveterun.org)

Visit us on Facebook  
[@roguevalleyveterun](https://www.facebook.com/roguevalleyveterun)

or contact Terry Haines  
[retiredveteran89@outlook.com](mailto:retiredveteran89@outlook.com)

Rogue Chapter #1260 NCOA  
P.O. Box 5597, Central Point, OR 97502

**The Non-Commissioned Officers Association** was founded in 1960 in San Antonio, Texas by a group of retired non-commissioned and petty officers seeking to create a patriotic, fraternal, and benevolent Association.



**September 28<sup>th</sup>, 2024**

**Runner / Team Registration**



**5K FUN RUN & WALK to  
Raise funds for  
Veteran Services  
& Suicide Prevention.**

## SCHEDULE OF EVENTS

### September 28<sup>th</sup>

Parking through **Gate 5**, at **The Expo**

- 8:15 am** Check In
- 9:00 am** Opening Ceremony
- 9:15 am** FUN RUN Begins

### ACTIVITIES

#### The Rogue Valley VeteRUN Includes:

- **Information on our chosen Recipients**  
David's Chair, Veterans Back 40 Adventure, The Vietnam Wall Project and Mighty Oaks Foundation
- **5K Family-Friendly Run or Walk**
  - on the Greenway
  - Raffle
  - Souvenir T-Shirt for registered participants
- **Water throughout and Refreshments** for runners after the Run

### Want to help even more?

Let us know if you would like to volunteer before the event or donate additional funds, items or services towards the run. Please email [retiredveteran89@outlook.com](mailto:retiredveteran89@outlook.com)

## ROGUE VALLEY veteRUN

### Runner Registration

**Payment Option 1:** Register and pay ONLINE at: [roguevalleyveterun.org](http://roguevalleyveterun.org)  
**Payment Option 2:** Complete this form and return it with **payment before September 18, 2024**  
**Checks made payable to Rogue Chapter #1260 NCOA.**  
 Mail to: Rogue Chapter #1260 NCOA, PO Box 5597, Central Point, OR 97502

Name: \_\_\_\_\_ Team Captain (If more than one Person): \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Participants – each Runner must print name and sign to accept Runner and Photo Release Agreement - see below.

**T-Shirt Sizes S, M, L,XL,XXL XXXL**

Print additional forms as needed

T-Shirt Size

1. PRINT	SIGNATURE	
2. PRINT	SIGNATURE	
3. PRINT	SIGNATURE	
4. PRINT	SIGNATURE	
5. PRINT	SIGNATURE	
6. PRINT	SIGNATURE	
7. PRINT	SIGNATURE	
8. PRINT	SIGNATURE	
9. PRINT	SIGNATURE	
10. PRINT	SIGNATURE	

A SOUVENIR T-Shirt is included FOR EACH Pre-REGISTERED Runner. Day of Registration T-shirts are 1st come first served. Race Registration **Prior to September 18<sup>th</sup>** is **\$30** each. **September 19<sup>th</sup> thru Day of Event** registration is **\$40** each.

**Runner Release Agreement** — In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

**Photo/Video Release** - Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, video graphic or electronic recording of this event for legitimate purposes.